Nutrition and Food Systems Minor

The minor in Nutrition and Food Systems requires a minimum of 18 credit hours. This minor will meet student interests in nutrition and food systems by offering courses that focus on the production, processing, retail, consumption, and disposal of food. The Nutrition and Food Systems minor is compatible with various majors such as, but not limited to: exercise science, psychology, sociology, anthropology, political science and international studies, nursing, women's studies, physical education, and instruction and teacher education. A minimum of 18 credit hours is required from the following curriculum. Students must complete courses with a grade of "C# or higher.

Minor Requirements (18 hours)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HPEB 502</td>
<td>Applied Aspects of Human Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>HPEB 488</td>
<td>Food Systems</td>
<td>3</td>
</tr>
<tr>
<td>HPEB 489</td>
<td>Food Systems Capstone Seminar</td>
<td>3</td>
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Below are approved courses for "Food and Environment." Select one of the following:

- ENVR 101 Introduction to the Environment
- ENVR 321 Environmental Pollution and Health
- ENHS 321 Environmental Pollution and Health
- ENVR 538 Global Food Politics
- GEOG 346 Climate and Society
- GEOG 348 Biogeography
- GEOG 371 Air Pollution Climatology

Below are approved courses on the topic of "Nutrition." Select one of the following:

- ANTH 212 Food and Culture
- ANTH 292 Disease, Health, and Social Inequities
- HPEB 560 Cooking Up a Storm: Food, Globalization, Localization, and Health in the South
- HPEB 620 Nutrition Through the Life Cycle

Below are approved courses on the topic of "Sustainability." Select one of the following:

- ENVR 331 Integrating Sustainability
- ENVR 571 Conservation Biology
- HRTM 428 Sustainable Foodservice Systems
- GEOG 321 Sustainable Cities
- GEOG 343 Environment and Society
- GEOG 347 Water as a Resource
- GEOG 538 Global Food Politics

Another approved course on the topic of "Sustainability"

Total Credit Hours 18

Note: Courses on "Food & Environmental," "Nutrition," or "Sustainability" may be taken in any order.