

# NUTRITION AND FOOD SYSTEMS MINOR

The minor in Nutrition and Food Systems requires a minimum of 18 credit hours. This minor will meet student interests in nutrition and food systems by offering courses that focus on the production, processing, retail, consumption, and disposal of food. The Nutrition and Food Systems minor is compatible with various majors such as, but not limited to: exercise science, psychology, sociology, anthropology, political science and international studies, nursing, women's studies, physical education, and instruction and teacher education. A minimum of 18 credit hours is required from the following curriculum. Students must complete courses with a grade of "C# or higher.

## Minor Requirements (18 hours)

Course	Title	Credits
<b>Course Work</b>		
HPEB 502	Applied Aspects of Human Nutrition	3
HPEB 488	Food Systems	3
HPEB 489	Food Systems Capstone Seminar	3
Below are approved courses for "Food and Environment." Select one of the following:		3
ENVR 101	Introduction to the Environment	
ENVR 321	Environmental Pollution and Health	
	or ENHS 321 Environmental Pollution and Health	
ENVR 538	Global Food Politics	
GEOG 346	Climate and Society	
GEOG 348	Biogeography	
GEOG 371	Air Pollution Fundamentals	
Below are approved courses on the topic of "Nutrition." Select one of the following:		3
ANTH 212	Food and Culture	
ANTH 292	Disease, Health, and Social Inequities	
HPEB 560	Cooking Up a Storm: Food, Globalization, Localization, and Health in the South	
HPEB 620	Nutrition Through the Life Cycle	
Below are approved courses on the topic of "Sustainability." Select one of the following:		3
ENVR 331	Integrating Sustainability	
ENVR 571	Conservation Biology	
HTMT 428	Sustainable Foodservice Systems	
GEOG 321	Sustainable Cities	
GEOG 343	Environment and Society	
GEOG 347	Water as a Resource	
GEOG 538	Global Food Politics	
	Another approved course on the topic of "Sustainability"	
<b>Total Credit Hours</b>		<b>18</b>

Note: Courses on "Food & Environmental," "Nutrition," or "Sustainability" may be taken in any order.