HEALTH PROMOTION, EDUCATION, AND BEHAVIOR MINOR

The minor in Health Promotion, Education and Behavior (HPEB) requires a minimum of 18 credit hours. This minor provides a basic foundation for students desiring preparation in health promotion, health education, health behavior change, and disease prevention. The minor in HPEB may be used in combination with many majors to enhance student’s career opportunities and as preparation for graduate study in a variety of health and health-related disciplines. The HPEB minor is compatible with various majors such as, but not limited to: exercise science, psychology, sociology, anthropology, political science and international studies, nursing, women’s studies, physical education, and instruction and teacher education.

Minor Requirements

To enroll in the HPEB minor, students must have a minimum 2.75 GPA. A minimum of 18 credit hours is required from the following curriculum. Students must complete courses with a grade of ‘C’ or higher.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>HPEB 300</td>
<td>Introduction to Health Promotion, Education, and Behavior</td>
<td>3</td>
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<tr>
<td>HPEB 553</td>
<td>Community Health Problems</td>
<td>3</td>
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Electives

Select one course on the topic of “Special Populations” from the following:

- WGST 113 Women’s Health
- SOCY 313 Sociology of Aging
- WGST 388 Cultures, Pregnancy, and Birth
- HPEB 512 Southern Discomfort: Public Health in the American South
- HPEB 513 Race, Ethnicity, and Health: Examining Health Inequalities
- HPEB 621 Maternal and Child Health
- HPEB 627 Lesbian, Gay, Bisexual and Transgender (LGBT) Health

Select one course on the topic of “Health and Health Behaviors” from the following:

- PSYC 300 Human Sexual Behavior
- PSYC 465 Health Psychology
- SOCY 360 Sociology of Medicine and Health
- HPEB 335 First Aid and Emergency Preparedness
- HPEB 501 Human Sexuality Education
- HPEB 502 Applied Aspects of Human Nutrition
- HPEB 521 The Total School Health Program
- HPEB 540 Drug Prevention
- HPEB 542 Tobacco Prevention and Control in Public Health
- HPEB 620 Nutrition Through the Life Cycle
- HPEB 654 Maternal and Child Nutrition
- HPEB 684 HIV/STI Prevention

Select one course on the topic of “General Concepts in Health Promotion” from the following:

- SOCY 310 Social Demography
- SOCY 315 Global Population Issues
- HPEB 301 Practicum in Health Promotion
- HPEB 321 Personal and Community Health
- HPEB 470 Principles of Global Health
- HPEB 488 Food Systems
- HPEB 511 Health Problems in a Changing Society
- HPEB 547 Consumer Health in Contemporary Society
- HPEB 550 Behavioral Concepts and Processes for the Health Professional
- HPEB 551 Medical Anthropology: Field Work
- HPEB 552 Medical Anthropology

Total Credit Hours 18

Note: A maximum of 3 non-HPEB courses can be taken to fulfill the elective requirements.