

HEALTH PROMOTION, EDUCATION, AND BEHAVIOR MINOR

The minor in Health Promotion, Education and Behavior (HPEB) requires a minimum of 18 credit hours. This minor provides a basic foundation for students desiring preparation in health promotion, health education, health behavior change, and disease prevention. The minor in HPEB may be used in combination with many majors to enhance student's career opportunities and as preparation for graduate study in a variety of health and health-related disciplines. The HPEB minor is compatible with various majors such as, but not limited to: exercise science, psychology, sociology, anthropology, political science and international studies, nursing, women's studies, physical education, and instruction and teacher education.

Minor Requirements

To enroll in the HPEB minor, students must have a minimum 2.75 GPA. A minimum of 18 credit hours is required from the following curriculum. Students must complete courses with a grade of 'C' or higher.

Course	Title	Credits
Core Course Requirements		
HPEB 300	Introduction to Health Promotion, Education, and Behavior	3
HPEB 553	Community Health Problems	3
Electives		
Select one course on the topic of "Special Populations" from the following:		3
WGST 113	Women's Health	
SOCY 313	Sociology of Aging	
WGST 388	Cultures, Pregnancy, and Birth	
HPEB 512	Southern Discomfort: Public Health in the American South	
HPEB 513	Race, Ethnicity, and Health: Examining Health Inequalities	
HPEB 621	Maternal and Child Health	
HPEB 627	Lesbian, Gay, Bisexual and Transgender (LGBT) Health	
Select one course on the topic of "Health and Health Behaviors" from the following:		3
PSYC 300	Human Sexual Behavior	
PSYC 465	Health Psychology	
SOCY 360	Sociology of Medicine and Health	
HPEB 335	First Aid and Emergency Preparedness	
HPEB 501	Human Sexuality Education	
HPEB 502	Applied Aspects of Human Nutrition	
HPEB 521	The Total School Health Program	
HPEB 540	Drug Prevention	
HPEB 542	Tobacco Prevention and Control in Public Health	
HPEB 620	Nutrition Through the Life Cycle	
HPEB 654	Maternal and Child Nutrition	
HPEB 684	HIV/STI Prevention	

Select one course on the topic of "General Concepts in Health Promotion" from the following: 3

SOCY 310	Social Demography
SOCY 315	Global Population Issues
HPEB 301	Practicum in Health Promotion
HPEB 321	Personal and Community Health
HPEB 470	Principles of Global Health
HPEB 488	Food Systems
HPEB 511	Health Problems in a Changing Society
HPEB 547	Consumer Health in Contemporary Society
HPEB 550	Behavioral Concepts and Processes for the Health Professional
HPEB 551	Medical Anthropology: Field Work
HPEB 552	Medical Anthropology

Additional Course

Select an additional course from one of the three focus areas listed above: 3

Special Populations
Health and Health Behaviors
General Concepts in Health Promotion

Total Credit Hours 18

Note: A maximum of 3 non-HPEB courses can be taken to fulfill the elective requirements.