

# PHYSICAL EDUCATION, B.S.P.E.

---

## Learning Outcomes

- Students who graduate with a B.S.P.E. in Physical Education should be able to ...
- understand physical education content and disciplinary concepts related to the development of a physically educated person.
- understand how individuals learn and develop and can provide opportunities that support their physical, cognitive, social, and emotional development.
- understand how individuals differ in their approaches to learning, and create appropriate instruction adapted to these differences.
- use an understanding of individual and group motivation and behavior to create a safe learning environment that encourages positive social interaction, active engagement in learning, and self motivation.
- use knowledge of effective verbal, nonverbal, and media communication techniques to enhance learning and engagement in physical activity settings.
- plan and implement a variety of developmentally appropriate instructional strategies to develop physically educated individuals, based on state and national (NASPE K-12) standards.
- understand and use assessment to foster physical, cognitive, social, and emotional development of students in physical activity.
- evaluate the effects of their actions on others (e.g., students, parents/guardians, fellow professionals), and seek opportunities to grow professionally.
- use information technology to enhance learning and to enhance personal and professional productivity.
- foster relationships with colleagues, parents/guardians, and community agencies to support students' growth and well being.