

PHYSICAL EDUCATION, B.S.P.E.

Learning Outcomes

- Students who graduate with a B.S.P.E. in Physical Education should be able to ...
- understand physical education content and disciplinary concepts related to the development of a physically educated person.
- understand how individuals learn and develop and can provide opportunities that support their physical, cognitive, social, and emotional development.
- understand how individuals differ in their approaches to learning, and create appropriate instruction adapted to these differences.
- use an understanding of individual and group motivation and behavior to create a safe learning environment that encourages positive social interaction, active engagement in learning, and self motivation.
- use knowledge of effective verbal, nonverbal, and media communication techniques to enhance learning and engagement in physical activity settings.
- plan and implement a variety of developmentally appropriate instructional strategies to develop physically educated individuals, based on state and national (NASPE K-12) standards.
- understand and use assessment to foster physical, cognitive, social, and emotional development of students in physical activity.
- evaluate the effects of their actions on others (e.g., students, parents/guardians, fellow professionals), and seek opportunities to grow professionally.
- use information technology to enhance learning and to enhance personal and professional productivity.
- foster relationships with colleagues, parents/guardians, and community agencies to support students' growth and well being.

Admissions

Admission to the Professional Program

All University teacher education students must apply and be admitted to Professional Program/Internship at mid-point(s) in their programs prior to final internship (i.e. student teaching). Requirements for admission vary by program, but for undergraduate students include 60 credit hours with a minimum overall GPA of 2.75, successful completion of a state-approved basic skills examination, and courses as specified by program area.

Students should contact their program area or the College of Education Office of Student Affairs for specific requirements and application deadlines.

Degree Requirements (124 hours)

See College of Education (<https://academicbulletins.sc.edu/undergraduate/education/>) for certification requirements and other academic opportunities.

Program of Study

Requirements	Credit Hours
1. Carolina Core	32-44
2. College Requirements	0

3. Program Requirements 11

4. Major Requirements 81

1. Carolina Core Requirements (32-44 hours)

CMW – Effective, Engaged, and Persuasive Communication: Written (6 hours)

must be passed with a grade of C or higher

- any CC-CMW courses (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

ARP – Analytical Reasoning and Problem Solving (6-7 hours)

must be passed with a grade of C or higher

- any CC-ARP courses (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

SCI – Scientific Literacy (8 hours)

must be passed with a grade of C or higher

- Select one of the following options (4 hours):
 - BIOL 101 & BIOL 101L
 - BIOL 110
 - BIOL 120 & BIOL 120L
- Select one of the following options (4 hours):
 - PHYS 101 & PHYS 101L (not CC-SCI-approved)
 - PHYS 201 & PHYS 201L
 - CHEM 102
 - CHEM 111 & CHEM 111L

GFL – Global Citizenship and Multicultural Understanding: Foreign Language (0-6 hours)

The Carolina Core requires either two approved courses in one foreign language or a score of two or higher on the foreign language placement test.

- CC-GFL courses (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

GHS – Global Citizenship and Multicultural Understanding: Historical Thinking (3 hours)

- any CC-GHS course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

GSS – Global Citizenship and Multicultural Understanding: Social Sciences (3 hours)

- PSYC 101

AIU – Aesthetic and Interpretive Understanding (3 hours)

- any CC-AIU course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

CMS – Effective, Engaged, and Persuasive Communication: Spoken Component ¹ (0-3 hours)

- any overlay or stand-alone CC-CMS course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

INF – Information Literacy ¹ (0-3 hours)

- any overlay or stand-alone CC-INF course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

VSR – Values, Ethics, and Social Responsibility ¹ (0-3 hours)

- any overlay or stand-alone CC-VSR course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

¹ **Carolina Core Stand Alone or Overlay Eligible Requirements** – Overlay-approved courses offer students the option of meeting two Carolina Core components in a single course. A maximum of two overlays is allowed. The total Carolina Core credit hours must add up to a minimum of 31 hours. Some programs may have a higher number of minimum Carolina Core hours due to specified requirements.

2. College Requirements (0 hours)

No college-required courses for this program.

3. Program Requirements (11 hours)

Supporting Courses (11 hours)

Course	Title	Credits
SOCY 101	Introductory Sociology	3
Select one of the following: ¹		4
EXSC 223 & 223L	Anatomy and Physiology I and Anatomy and Physiology I Laboratory	
BIOL 243 & 243L	Human Anatomy and Physiology I and Human Anatomy and Physiology Laboratory ²	
Select one of the following: ¹		4
EXSC 224 & 224L	Anatomy and Physiology II and Anatomy and Physiology II Lab	
BIOL 244 & 244L	Human Anatomy and Physiology II and Human Anatomy and Physiology Laboratory	
Total Credit Hours		11

¹ Must be passed with a grade of C or higher.

² Required if PHYS 101 and PHYS 101L were taken to fulfill CC-SCI requirement.

Minor (0-18 hours) optional

A student may choose to complete a minor consisting of 18 credit hours of prescribed courses. The minor is intended to develop a coherent basic preparation in a second area of study. Courses applied toward general education requirements cannot be counted toward the minor. No course may satisfy both major and minor requirements. All minor courses must be passed with a grade of C or better.

4. Major Requirements (81 hours)

A minimum grade of C is required in all major courses.

Major Courses (33 hours)

Course	Title	Credits
Core Requirements for Physical Education		
Select one of the following:		3
HPEB 321	Personal and Community Health	
HPEB 511	Health Problems in a Changing Society	
EXSC 191	Physical Activity and Health	
PEDU 190	Introduction to the Description and Analysis of Human Movement	2
PEDU 232	Philosophy and Principles of Physical Education	3
PEDU 300	First Aid and CPR	3
PEDU 420	Motor Learning in Physical Education	3
PEDU 510	Teaching Health Related Physical Fitness	3
PEDU 520	Observational Analysis of Sports Techniques and Tactics	3
PEDU 650	The Art and Science of Coaching	3
Psychomotor Skills Courses		
PEDU 105	Weight Training	1
PEDU 126	Badminton/Golf	1
PEDU 131	Basketball/Soccer	1
PEDU 138	Softball/Volleyball	1
PEDU 139	Tennis/Track	1
PEDU 173	Folk and Square Dance	1
PEDU 194	Educational Gymnastics	1
PEDU 195	Educational Games	1
PEDU 196	Educational Dance	1
Elective as approved by advisor		1
Total Credit Hours		33

Teacher Certification Concentration (48 hours)

Course	Title	Credits
EDRD 500	Content Area Literacy PK-12	3
EDPY 401	Learners and the Diversity of Learning	3
EXSC 303	Perceptual-Motor Development	3
or PEDU 570	Human Child/Adolescent Growth	
PEDU 226	Physical Education for Primary Grades	3
PEDU 340	Practicum in the Instructional Aspects of Physical Education	1
PEDU 341	Practicum in Instruction of Young Learners in Movement Settings	1
PEDU 360	Instructional Aspects of Physical Education	3
PEDU 361	Instruction of Young Learners in Movement Settings	3
PEDU 440	Practicum in Secondary School Physical Education	1
PEDU 445	Measurement & Evaluation in Physical Education	3
PEDU 446	Physical Education Curriculum	3
PEDU 451	Teaching Physical Education	3
PEDU 462	Instruction in Secondary School Physical Education	3
PEDU 479	Directed Teaching in Physical Education	12

PEDU 515	Physical Education for Inclusion	3
Total Credit Hours		48

Major Map

A major map is a layout of required courses in a given program of study, including critical courses and suggested course sequences to ensure a clear path to graduation.

Major maps are only a suggested or recommended sequence of courses required in a program of study. Please contact your academic advisor for assistance in the application of specific coursework to a program of study and course selection and planning for upcoming semesters.

Physical Education, B.S.P.E. Teacher Certification Concentration