

PHYSICAL EDUCATION, B.S.P.E.

Degree Requirements (123 hours)

See College of Education (<https://academicbulletins.sc.edu/undergraduate/education/>) for certification requirements and other academic opportunities.

Program of Study

Requirements	Credit Hours
1. Carolina Core	32-44
2. College Requirements	0
3. Program Requirements	7-10
4. Major Requirements	81

Founding Documents Requirement

All undergraduate students must take a 3-credit course or its equivalent with a passing grade in the subject areas of History, Political Science, or African American Studies that covers the founding documents including the United State Constitution, the Declaration of Independence, the Emancipation Proclamation and one or more documents that are foundational to the African American Freedom struggle, and a minimum of five essays from the Federalist papers. This course may count as a requirement in any part of the program of study including the Carolina Core, the major, minor or cognate, or as a general elective. Courses that meet this requirement are listed here (<https://academicbulletins.sc.edu/undergraduate/founding-document-courses/>).

1. Carolina Core Requirements (32-44 hours)

CMW – Effective, Engaged, and Persuasive Communication: Written (6 hours)

must be passed with a grade of C or higher

- any CC-CMW courses (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

ARP – Analytical Reasoning and Problem Solving (6-7 hours)

must be passed with a grade of C or higher

- any CC-ARP courses (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

SCI – Scientific Literacy (8 hours)

must be passed with a grade of C or higher

- Select one of the following options (4 hours):
 - BIOL 101 & BIOL 101L
 - BIOL 110
 - BIOL 120 & BIOL 120L
- Select one of the following options (4 hours):
 - PHYS 101 & PHYS 101L
 - PHYS 201 & PHYS 201L

- CHEM 102
- CHEM 111 & CHEM 111L

GFL – Global Citizenship and Multicultural Understanding: Foreign Language (0-6 hours)

The Carolina Core requires either two approved courses in one foreign language or a score of two or higher on the foreign language placement test.

- CC-GFL courses (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

GHS – Global Citizenship and Multicultural Understanding: Historical Thinking (3 hours)

- any CC-GHS course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

GSS – Global Citizenship and Multicultural Understanding: Social Sciences (3 hours)

- any CC-GSS course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

AIU – Aesthetic and Interpretive Understanding (3 hours)

- any CC-AIU course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

CMS – Effective, Engaged, and Persuasive Communication: Spoken Component ¹ (0-3 hours)

- any overlay or stand-alone CC-CMS course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

INF – Information Literacy ¹ (0-3 hours)

- any overlay or stand-alone CC-INF course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

VSR – Values, Ethics, and Social Responsibility ¹ (0-3 hours)

- any overlay or stand-alone CC-VSR course (<https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/>)

¹ **Carolina Core Stand Alone or Overlay Eligible Requirements** – Overlay-approved courses offer students the option of meeting two Carolina Core components in a single course. A maximum of two overlays is allowed. The total Carolina Core credit hours must add up to a minimum of 31 hours. Some programs may have a higher number of minimum Carolina Core hours due to specified requirements.

2. College Requirements (0 hours)

No college-required courses for this program.

3. Program Requirements (7-10 hours)

Supporting Courses (7 hours)

Course	Title	Credits
SOCY 101	Introductory Sociology	3
Select one of the following: ¹		4

EXSC 223 & 223L	Anatomy and Physiology I and Anatomy and Physiology I Laboratory	
BIOL 243 & 243L	Human Anatomy and Physiology I and Human Anatomy and Physiology Laboratory ²	
Total Credit Hours		7

¹ Must be passed with a grade of C or higher.

² Required if PHYS 101 and PHYS 101L were taken to fulfill CC-SCI requirement.

Minor (0-18 hours) *optional*

A student may choose to complete a minor consisting of 18 credit hours of prescribed courses. The minor is intended to develop a coherent basic preparation in a second area of study. Courses applied toward general education requirements cannot be counted toward the minor. No course may satisfy both major and minor requirements. All minor courses must be passed with a grade of C or better.

Electives (0-3 hours)

The number of elective hours required depends upon the number of hours used to fulfill other degree requirements. Minimum degree requirements must equal 123 hours.

4. Major Requirements (81 hours)

A minimum grade of C is required in all major courses.

Major Courses (33 hours)

Course	Title	Credits
Core Requirements for Physical Education		
Select one of the following:		3
HPEB 321	Personal and Community Health	
HPEB 511	Health Promotion in a Changing Society	
EXSC 191	Physical Activity and Health	
PEDU 190	Introduction to the Description and Analysis of Human Movement	2
PEDU 232	Philosophy and Principles of Physical Education	3
PEDU 275	Functional Musculoskeletal Anatomy	3
PEDU 420	Motor Learning in Physical Education	3
PEDU 510	Teaching Health Related Physical Fitness	3
PEDU 520	Observational Analysis of Sports Techniques and Tactics	3
PEDU 650	Theoretical Foundations of Athletic and Mental Performance Coaching	3
Psychomotor Skills Courses		
PEDU 105	Weight Training	1
PEDU 126	Badminton/Golf	1
PEDU 131	Basketball/Soccer	1
PEDU 138	Softball/Volleyball	1
PEDU 139	Tennis/Track	1
PEDU 173	Folk and Square Dance	1
PEDU 194	Educational Gymnastics	1
PEDU 195	Educational Games	1
PEDU 196	Educational Dance	1

Elective as approved by advisor	1
Total Credit Hours	33

Teacher Certification Concentration (48 hours)

Course	Title	Credits
EDRD 500	Content Area Literacy PK-12	3
EDPY 401	Learners and the Diversity of Learning	3
EXSC 303	Perceptual-Motor Development	3
or PEDU 570	Human Child/Adolescent Growth	
PEDU 226	Physical Education for Primary Grades	3
PEDU 340	Practicum in the Instructional Aspects of Physical Education	1
PEDU 341	Practicum in Instruction of Young Learners in Movement Settings	1
PEDU 360	Instructional Aspects of Physical Education	3
PEDU 361	Instruction of Young Learners in Movement Settings	3
PEDU 440	Practicum in Secondary School Physical Education	1
PEDU 445	Measurement & Evaluation in Physical Education	3
PEDU 446	Physical Education Curriculum	3
PEDU 451	Teaching Physical Education	3
PEDU 462	Instruction in Secondary School Physical Education	3
PEDU 479	Directed Teaching in Physical Education	12
PEDU 515	Physical Education for Inclusion	3
Total Credit Hours		48