PHYSICAL EDUCATION, B.S.P.E.

Degree Requirements (123 hours)
See College of Education (https://academicbulletins.sc.edu/undergraduate/education/) for certification requirements and other academic opportunities.

Program of Study

<table>
<thead>
<tr>
<th>Requirements</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Carolina Core</td>
<td>32-44</td>
</tr>
<tr>
<td>2. College Requirements</td>
<td>0</td>
</tr>
<tr>
<td>3. Program Requirements</td>
<td>7-10</td>
</tr>
<tr>
<td>4. Major Requirements</td>
<td>81</td>
</tr>
</tbody>
</table>

Founding Documents Requirement
All undergraduate students must take a 3-credit course or its equivalent with a passing grade in the subject areas of History, Political Science, or African American Studies that covers the founding documents including the United State Constitution, the Declaration of Independence, the Emancipation Proclamation and one or more documents that are foundational to the African American Freedom struggle, and a minimum of five essays from the Federalist papers. This course may count as a requirement in any part of the program of study including the Carolina Core, the major, minor or cognate, or as a general elective. Courses that meet this requirement are listed here (https://academicbulletins.sc.edu/undergraduate/founding-document-courses/).

1. Carolina Core Requirements (32-44 hours)

CMW – Effective, Engaged, and Persuasive Communication: Written (6 hours)
* must be passed with a grade of C or higher
  - any CC-CMW courses (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

ARP – Analytical Reasoning and Problem Solving (6-7 hours)
* must be passed with a grade of C or higher
  - any CC-ARP courses (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

SCI – Scientific Literacy (8 hours)
* must be passed with a grade of C or higher
  - Select one of the following options (4 hours):
    - BIOL 101 & BIOL 101L
    - BIOL 110
    - BIOL 120 & BIOL 120L
  - Select one of the following options (4 hours):
    - PHYS 101 & PHYS 101L
    - PHYS 201 & PHYS 201L
    - CHEM 102
    - CHEM 111 & CHEM 111L

GFL – Global Citizenship and Multicultural Understanding: Foreign Language (0-6 hours)
The Carolina Core requires either two approved courses in one foreign language or a score of two or higher on the foreign language placement test.
  - any CC-GFL course (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

GHS – Global Citizenship and Multicultural Understanding: Historical Thinking (3 hours)
  - any CC-GHS course (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

GSS – Global Citizenship and Multicultural Understanding: Social Sciences (3 hours)
  - any CC-GSS course (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

AIU – Aesthetic and Interpretive Understanding (3 hours)
  - any CC-AIU course (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

CMS – Effective, Engaged, and Persuasive Communication: Spoken Component (0-3 hours)
  - any overlay or stand-alone CC-CMS course (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

INF – Information Literacy (0-3 hours)
  - any overlay or stand-alone CC-INF course (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

VSR – Values, Ethics, and Social Responsibility (0-3 hours)
  - any overlay or stand-alone CC-VSR course (https://academicbulletins.sc.edu/undergraduate/carolina-core-courses/)

Carolina Core Stand Alone or Overlay Eligible Requirements — Overlay-approved courses offer students the option of meeting two Carolina Core components in a single course. A maximum of two overlays is allowed. The total Carolina Core credit hours must add up to a minimum of 31 hours. Some programs may have a higher number of minimum Carolina Core hours due to specified requirements.

2. College Requirements (0 hours)
No college-required courses for this program.

3. Program Requirements (7-10 hours)

Supporting Courses (7 hours)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOCY 101</td>
<td>Introductory Sociology</td>
<td>3</td>
</tr>
</tbody>
</table>

Select one of the following.  

1. Carolina Core Stand Alone or Overlay Eligible Requirements — Overlay-approved courses offer students the option of meeting two Carolina Core components in a single course. A maximum of two overlays is allowed. The total Carolina Core credit hours must add up to a minimum of 31 hours. Some programs may have a higher number of minimum Carolina Core hours due to specified requirements.
### Major Courses (33 hours)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXSC 223 &amp; 223L</td>
<td>Anatomy and Physiology I and Anatomy and Physiology I Laboratory</td>
<td></td>
</tr>
<tr>
<td>BIOL 243 &amp; 243L</td>
<td>Human Anatomy and Physiology I and Human Anatomy and Physiology Laboratory</td>
<td></td>
</tr>
</tbody>
</table>

#### Core Requirements for Physical Education

Select one of the following:

- HPEB 321 Personal and Community Health 3
- HPEB 511 Health Promotion in a Changing Society 3
- EXSC 191 Physical Activity and Health 3
- PEDU 190 Introduction to the Description and Analysis of Human Movement 2
- PEDU 232 Philosophy and Principles of Physical Education 3
- PEDU 275 Functional Musculoskeletal Anatomy 3
- PEDU 420 Motor Learning in Physical Education 3
- PEDU 510 Teaching Health Related Physical Fitness 3
- PEDU 520 Observational Analysis of Sports Techniques and Tactics 3
- PEDU 650 Theoretical Foundations of Athletic and Mental Performance Coaching 3

#### Psychomotor Skills Courses

- PEDU 105 Weight Training 1
- PEDU 126 Badminton/Golf 1
- PEDU 131 Basketball/Soccer 1
- PEDU 138 Softball/Volleyball 1
- PEDU 139 Tennis/Track 1
- PEDU 173 Folk and Square Dance 1
- PEDU 194 Educational Gymnastics 1
- PEDU 195 Educational Games 1
- PEDU 196 Educational Dance 1

Elective as approved by advisor 1

**Total Credit Hours** 33

### Teacher Certification Concentration (48 hours)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDRD 500</td>
<td>Content Area Literacy PK-12</td>
<td>3</td>
</tr>
<tr>
<td>EDPY 401</td>
<td>Learners and the Diversity of Learning</td>
<td>3</td>
</tr>
<tr>
<td>EXSC 303</td>
<td>Perceptual-Motor Development</td>
<td>3</td>
</tr>
<tr>
<td>PEDU 226</td>
<td>Physical Education for Primary Grades</td>
<td>3</td>
</tr>
<tr>
<td>PEDU 340</td>
<td>Practicum in the Instructional Aspects of Physical Education</td>
<td>1</td>
</tr>
<tr>
<td>PEDU 341</td>
<td>Practicum in Instruction of Young Learners in Movement Settings</td>
<td>1</td>
</tr>
<tr>
<td>PEDU 360</td>
<td>Instruction Aspects of Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>PEDU 361</td>
<td>Instruction of Young Learners in Movement Settings</td>
<td>3</td>
</tr>
<tr>
<td>PEDU 440</td>
<td>Practicum in Secondary School Physical Education</td>
<td>1</td>
</tr>
<tr>
<td>PEDU 445</td>
<td>Measurement &amp; Evaluation in Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>PEDU 446</td>
<td>Physical Education Curriculum</td>
<td>3</td>
</tr>
<tr>
<td>PEDU 451</td>
<td>Teaching Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>PEDU 462</td>
<td>Instruction in Secondary School Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>PEDU 479</td>
<td>Directed Teaching in Physical Education</td>
<td>12</td>
</tr>
<tr>
<td>PEDU 515</td>
<td>Physical Education for Inclusion</td>
<td>3</td>
</tr>
</tbody>
</table>

**Total Credit Hours** 48