

# PHYSICAL EDUCATION, B.S.P.E.

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## Learning Outcomes

1. Students who graduate with a B.S.P.E. in Physical Education should be able to ...
2. Understand physical education content and disciplinary concepts related to the development of a physically educated person.
3. Understand how individuals learn and develop and can provide opportunities that support their physical, cognitive, social, and emotional development.
4. Understand how individuals differ in their approaches to learning, and create appropriate instruction adapted to these differences.
5. Use an understanding of individual and group motivation and behavior to create a safe learning environment that encourages positive social interaction, active engagement in learning, and self motivation.
6. Use knowledge of effective verbal, nonverbal, and media communication techniques to enhance learning and engagement in physical activity settings.
7. Plan and implement a variety of developmentally appropriate instructional strategies to develop physically educated individuals, based on state and national (NASPE K-12) standards.
8. Understand and use assessment to foster physical, cognitive, social, and emotional development of students in physical activity.
9. Evaluate the effects of their actions on others (e.g., students, parents/guardians, fellow professionals), and seek opportunities to grow professionally.
10. Use information technology to enhance learning and to enhance personal and professional productivity.
11. Foster relationships with colleagues, parents/guardians, and community agencies to support students' growth and well being.