

# SOCIAL WORK (SOWK)

## SOWK 201 - Introduction to Social Work (3 Credits)

This course introduces students to the history and contemporary context of the social work profession, including generalist practice and the role of advocacy. It emphasizes responses to current needs and changing contexts.

**Graduation with Leadership Distinction:** GLD: Community Service

## SOWK 222 - Social Welfare Policies and Programs (3 Credits)

This course introduces students to the historical and current context of social welfare policies and programs in the United States, including examination of social inequalities and the processes of social policy development.

**Carolina Core:** GSS

**Graduation with Leadership Distinction:** GLD: Community Service

## SOWK 303 - Social Work With Children, Youth, and Families (3 Credits)

This course introduces the context for social work with children, youth, and families as well as specific theories, policies, programs, and services. Areas examined include antipoverty policies and programs, child welfare, education, behavioral health, healthcare, disabilities, and juvenile justice.

**Prerequisites:** PSYC 101, SOCY 101, or SOWK 201.

## SOWK 304 - Social Work With Older Adults and Families (3 Credits)

This course introduces students to the context for social work with older adults, as well as specific theories, policies, programs, and services. Areas examined include the aging process, health and wellness, behavioral health, sexuality, work and retirement, bereavement, living arrangements and housing options, and social programs and policies targeting older adults.

**Prerequisites:** PSYC 101, SOCY 101, or SOWK 201.

## SOWK 305 - Gender, Race and Social Justice (3 Credits)

This course introduces anti-oppressive theoretical and applied approaches to understand and address intersections of gender and racial inequality. Social welfare policies and services available to women in contexts such as criminal justice, behavioral health, child welfare, and the military are examined.

**Cross-listed course:** WGST 306

**Graduation with Leadership Distinction:** GLD: Community Service, GLD: Diversity and Social Advocacy, GLD: Professional and Civic Engagement Leadership Experiences

## SOWK 307 - Global Inequalities and Social Justice (3 Credits)

This course introduces students to global dimensions of social inequality, beginning with the historical roots of global social inequality and moving through contemporary themes relevant to international social work practice from an anti-colonial perspective. Topics examined include human rights, gender-based violence, global health, climate change, and immigration/displacement.

**Prerequisites:** PSYC 101, SOCY 101, or SOWK 201.

**Graduation with Leadership Distinction:** GLD: Diversity and Social Advocacy, GLD: Global Learning

## SOWK 309 - Life Transitions: Loss and Grief (3 Credits)

This course will examine the grief and loss process that is part of everyday life. This course surveys the knowledge and skills of human service practice with people as they cope with life transitions.

**Prerequisites:** PSYC 101, or SOCY 101, or SOWK 201.

## SOWK 311 - Foundations of Social Work Practice (3 Credits)

This course introduces students to the context and mission of social work. It emphasizes the interactions between personal and professional values, ethical and professional behavior, and beginning engagement and interpersonal skills.

**Graduation with Leadership Distinction:** GLD: Community Service

## SOWK 312 - Social Work Practice with Individuals and Families (3 Credits)

This course introduces students to engagement, assessment, intervention, and evaluation with individuals and families. It includes specific models and techniques of practice with an emphasis on managing barriers to change, client strengths, and understanding diversity and difference in practice.

**Prerequisites:** C or better in SOWK 311.

## SOWK 322 - Social Policy Analysis (3 Credits)

Knowledge, values, and skills for social work practitioners to analyze the political and ideological factors and outcomes of policy development, implementation, evaluation, and advocacy.

**Prerequisites:** SOWK 201, SOWK 222.

## SOWK 331 - Diversity and Social Justice in Contemporary Society (3 Credits)

Builds cultural competency through awareness, understanding, and skill necessary for proactive functioning in our diverse society with populations considered vulnerable and oppressed.

**Graduation with Leadership Distinction:** GLD: Diversity and Social Advocacy, GLD: Professional and Civic Engagement Leadership Experiences

## SOWK 341 - Theories for Understanding Individuals, Families, and Groups (3 Credits)

This course focuses on theories for understanding individual, family, and group behavior to better serve clients across settings. It emphasizes diversity, difference, and the advancement of human rights and social, economic, and environmental justice.

**Prerequisites:** C or better in SOWK 201.

## SOWK 352 - Social Work and Scientific Inquiry (3 Credits)

Foundational knowledge and skills for scientific inquiry and the use of quantitative and qualitative research to inform evidence-based practice.

**Prerequisites:** SOWK 201, SOWK 222 and select one course from the following: STAT 201 or higher, PSYC 227 or SOCY 220.

## SOWK 360 - Refugee and Refugees (3 Credits)

This course provides students with foundational knowledge about forced migration and the institutions of humanitarian aid that address forced migration. Students will learn about global theories of forced migration, humanitarian aid policy, empirical studies of humanitarian aid, refugee resettlement, and displacement, and evaluate biographies and literature on forced migration.

## SOWK 368 - Special Topics in Social Work (3 Credits)

An in-depth study of selected issues and social concerns related to being a generalist social worker. Content varies by title.

## SOWK 382 - Introduction to Field Education (3 Credits)

An initial application of generalist social work skills and theories taught in a controlled and planned classroom setting.

**Prerequisites:** C or better in SOWK 311.

**Graduation with Leadership Distinction:** GLD: Community Service  
**Experiential Learning:** Experiential Learning Opportunity

**SOWK 399 - Independent Study (3 Credits)**

Requires permission of the department.

**Graduation with Leadership Distinction:** GLD: Research

**SOWK 404 - Current Issues in Social Welfare (3 Credits)**

A project-type study of selected issues, social concerns, and applications of behavioral implications for practice. May be repeated for credit when the topics covered or subject matter is different.

**SOWK 411 - Social Work Practice with Groups (3 Credits)**

This course introduces students to engagement, assessment, intervention, and evaluation with treatment and task groups. It includes specific models and techniques of practice with an emphasis on group practice with diverse populations across practice settings.

**Prerequisites:** C or better in SOWK 312.

**SOWK 412 - Social Work Practice with Organizations and Communities (3 Credits)**

This course introduces students to engagement, assessment, intervention, and evaluation with organizations and communities. It includes specific models and techniques of practice with an emphasis on diversity, difference, and the advancement of human rights and social, economic, and environmental justice.

**Prerequisites:** C or better in SOWK 411.

**Prerequisite or Corequisite:** SOWK 441.

**SOWK 422 - Advocacy for Social and Economic Justice (3 Credits)**

Knowledge and skills embedded in values of social and economic justice for all people across systems of all sizes that are essential in generalist practice.

**Prerequisites:** SOWK 322.

**Graduation with Leadership Distinction:** GLD: Community Service, GLD: Diversity and Social Advocacy, GLD: Professional and Civic Engagement Leadership Experiences

**SOWK 441 - Theories for Understanding Organizations and Communities (3 Credits)**

This course focuses on theories for understanding large social systems to better serve clients across settings. It emphasizes diversity, difference, and the advancement of human rights and social, economic, and environmental justice.

**SOWK 481 - Practicum I: Field Education (3 Credits)**

Application of skills and theories taught in the classroom in a controlled and planned setting.

**Corequisite:** SOWK 483.

**Prerequisite or Corequisite:** SOWK 322.

**Graduation with Leadership Distinction:** GLD: Professional and Civic Engagement Internships

**SOWK 482 - Practicum II: Field Education (3 Credits)**

Further application of the generalist social work skills and theories taught in the classroom in a controlled and planned setting.

**Prerequisite or Corequisite:** SOWK 412, SOWK 422, SOWK 484.

**Graduation with Leadership Distinction:** GLD: Professional and Civic Engagement Internships

**SOWK 483 - Practicum Seminar (3 Credits)**

Taken with the field practicum, this seminar facilitates student's integration of generalist practice knowledge with practice in a field agency.

**Prerequisites:** SOWK 382.

**Corequisite:** SOWK 481.

**Graduation with Leadership Distinction:** GLD: Professional and Civic Engagement Internships

**SOWK 484 - Capstone (3 Credits)**

Competent generalist social work practice demands integration of a wide range of theories, knowledge, skills, and values. This course is designed to draw on all previous courses and to engage students in integrating and applying all that they have learned.

**Corequisite:** SOWK 482.

**SOWK 668 - Special Topics in Social Work (1-3 Credits)**

Study of special populations, settings, and/or problems encountered by social workers and other human service professionals, and interventions and skills for dealing with them. May be repeated as content varies by title.

**SOWK 678 - Transforming Health Care for the Future (1 Credit)**

Foundation for beginning health professions students to gain an understanding of the complexities of the health care system through experiential activities conducted in interprofessional teams and the importance of interprofessional collaboration in order to improve the system.

**Cross-listed course:** PUBH 678

**SOWK 679 - Addressing Childhood Obesity through Community Approaches (2 Credits)**

Approaches for prevention of childhood obesity, using perspectives from public health, social work, exercise science, pharmacy, medicine, and behavioral nutrition. Training to teach diet/physical activity lessons in elementary school settings.

**Cross-listed course:** HPEB 679