

# HLTH PROMO EDUC & BEH (HPEB)

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**HPEB 321 - Personal and Community Health (3 Credits)**

Psychosocial health, stress management, leading infectious and noninfectious diseases, nutrition, physical fitness, sexuality, consumer health and health care access, environmental health, aging, and death.

**Graduation with Leadership Distinction:** GLD: Diversity and Social Advocacy

**HPEB 331 - Health Education for the Elementary School (3 Credits)**

Methods and materials for elementary schools. Integration and correlation of materials with school subjects. Sample content developed for primary, intermediate, and upper grades.