

HLTH PROMO EDUC & BEH (HPEB)

HPEB 321 - Personal and Community Health (3 Credits)

Psychosocial health, stress management, leading infectious and noninfectious diseases, nutrition, physical fitness, sexuality, consumer health and health care access, environmental health, aging, and death.

Graduation with Leadership Distinction: GLD: Diversity and Social Advocacy

HPEB 331 - Health Education for the Elementary School (3 Credits)

Methods and materials for elementary schools. Integration and correlation of materials with school subjects. Sample content developed for primary, intermediate, and upper grades.