

# PERFORMANCE NUTRITION AND DIETETICS, M.S.

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The USC Master of Science in Performance Nutrition and Dietetics Program provides students with the didactic and supervised experience needed to become a competent entry-level registered dietitian nutritionist. The program curriculum emphasizes performance nutrition while spanning the breadth of the community, clinical, and service aspects of the dietetics profession. Students will learn knowledge and skills that can be applied to improve the health and performance of individuals, groups, and populations. Graduates of the program will be eligible to take the Commission on Dietetic Registration (CDR) exam for registered dietitian nutritionists.

## Learning Outcomes

1. Apply foundational sciences to food and nutrition knowledge to meet the needs of individuals, groups, and populations.
2. Integrate client/patient-centered principles in competent nutrition and dietetics practice.
3. Apply food systems principles and management skills to ensure safe and efficient delivery of food and water.
4. Apply community and population nutrition health theories when providing support to community nutrition programs.
5. Incorporate leadership, business, and management principles to guide dietetics practice.
6. Integrate evidence-informed practice, research principles, and critical thinking into dietetics practice.
7. Demonstrate professional behaviors and effective communication in all nutrition and dietetics interactions.