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## BEHAVIORAL HEALTH IN ATHLETIC TRAINING, CERTIFICATE

## Certificate Requirements (18 Hours) Length of the Program

The certificate program consists of 6 classes (18 credits total) including 4 core content courses, one public health course, and one elective course from Exercise Science or Public Health. The proposed timeline is one full academic year (summer, fall, and spring) with admission entrance points in the summer.

## **Curriculum Map**

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Course	Title	Credits
Summer		
PUBH 700	Perspectives in Public Health	3
ATEP 751	Concepts of Behavioral & Mental Health in Athler Training	tic 3
Fall		
ATEP 753	Assessing and Treating Feeding and Eating Disorders, Exercise and Food Addictions	3
Public Health & E	xercise Science Electives Options	3-4
PUBH 735	Practical Applications of Public Health Planning	
PUBH 730	Public Health Systems, Policy, and Leadership	
EPID 730	Public Health Surveillance Systems	
EXSC 797	Physical Activity Applied Practice Experience	
Spring		
ATEP 752	Mental Health Challenges in Sport and Physical Activity	3
ATEP 754	Supporting Mental Wellness in Athletic Training	3
Total Credit Hours		18-19